

NOTICE TO ALL FOOD STAMP RECIPIENTS

IMPORTANT — PLEASE READ

The United States Department of Agriculture (USDA) has approved an increase to the Standard Utility Allowance (SUA), which may be used in figuring out your food stamp benefit. Effective August 1, 2006, the SUA amount will be raised from \$223.00 to \$271.00. Most families get more food stamps when a utility allowance increases unless there are other household changes that could lower benefits.

You will get a separate notice if your food stamp change for other reasons.

If you think we made a mistake in figuring your August food stamps due to the new SUA you may ask for a state hearing, ***within 90 days of when you got this letter*** by writing to:

or you may call toll free: 1-800-952-5253. If you are deaf and use TDD, call 1-800-952-8349. When you ask for a state hearing, you must tell us why you think we made a mistake. You can speak for yourself at the hearing or you can have a friend, attorney, or other person speak for you, but you must get these people to help you. You may ask for free legal aid at a legal aid office in your area.

致所有糧食券領取者通告

重要 — 請閱讀

美國農業部 (USDA) 已批准增加可用來計算你糧食券福利的標準水電費寬減額 (SUA)。自2006年8月1日起，SUA金額將從\$223.00增加到\$271.00。大多數的家庭因水電費增加而會拿更多的糧食券除非有其它家庭上的變更令福利減少。

如果你的糧食券因其它原因而有所改變的話，你將收到另外的通知書。

假如你認為我們由於新的SUA而算錯了您八月份的糧食券，您可以請求州聽證，請在收到這封信的90天之內寫信至：

或者您可以打免費電話：1-800-952-5253。假如你耳聾並使用聾者電傳機(TDD)的話，請打電話1-800-952-8349。當你請求州聽證時，你必須告訴我們為何你認為我們有錯誤。你可以在聽證時為你自己發言，或者你可以請朋友，律師或其他人為你發言，但是必須由你自己找這些人來幫助你。你可以在你地區的法律諮詢所請求免費的法律協助。